

Blue Salt

Maruhaba, Good Morning.

早上好

## From the buffet 自助餐品.....

### **Juice station**

果汁类

*Daily changing freshly squeezed juices, detox smoothie, Iced coconut coffee and Iced tea*

每日新鲜榨汁，排毒果蔬汁，岛上椰子水，冰茶

### **Bakery**

面包糕点类

*Freshly baked pastries, cakes and muffins, with a selection of jams, marmalades, honey and preserves*

新鲜烘培面包，蛋糕，松饼，可搭配各种果酱，蜂蜜，蜜饯

### **Freshly cut fruits**

新鲜水果

*Today's choice of regional tropical delights*

今日热带特色水果

### **Cereals**

谷类食物

*With your choice of milk, and to top it off.....nuts, dried fruits and seeds*

可供选择牛奶，坚果，水果干

### **On ice**

*Chef's Bircher muesli, yoghurts, assorted fruit purees*

厨师精选麦片粥，酸奶，热带水果，干果仁

### **Cheeses and Cured meats**

奶酪和冷盘

*Selection of international cheeses and cured cold cuts, chutney, grapes and celery*

世界各地奶酪，冷盘，可搭配酸辣酱，葡萄和芹

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From The kitchen 单点餐品.....

**Buttermilk Pancake Stack**

美式无油热松饼

*Vanilla and mixed berry compote, crème Chantilly*

香草，大茴香，蓝莓蜜饯，浓奶油

**Belgian style Waffles**

比利时风味华夫饼

*Slivers of fresh mango, Valrhona chocolate sauce and crème Chantilly*

新鲜芒果条，法国法芙娜巧克力酱

**French toast**

法国土司

*Toasted Brioche, lightly dusted with cinnamon sugar, fresh strawberries, crème Chantilly*

奶油烤蛋卷，搭配肉桂糖，新鲜草莓，法国尚蒂伊奶油

***Spoilt for choice?.....Try all three combined in our signature birdcage***

选择太多，不妨尝试和我们的标配鸟笼搭配起来品尝

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## **Eggs Your Way**

按照您的方式做蛋

*Two farm house eggs on toasted sourdough, either poached, fried, scrambled or omelet with your choice of filling – ham, cheese, tomato, capsicum, mushroom or onion*

2 个农场鸡蛋，可以选择荷包蛋，煎蛋，炒蛋或者煎蛋包-同时可以搭配火腿，奶酪，西红柿，辣椒，蘑菇或者洋葱

## **Eggs Benedict**

美国班尼迪克蛋

*Poached, eggs, toasted muffin, smoked ham, hollandaise sauce, rocket*

荷包蛋搭配烤松饼，烟熏火腿，蛋黄奶油酸辣酱，芝麻菜

## **English Breakfast**

英式早餐

*2 Eggs 'your way', Thyme roasted potatoes, mushrooms, cherry tomatoes, smoked bacon, chicken or pork sausage, toasted sour dough*

双蛋搭配烤土豆，蘑菇，番茄，烟熏培根，鸡肉或者猪肉香肠

## **Japanese Breakfast**

日式早餐

*Teriyaki salmon, miso soup with tofu and seaweed, spring onion, pickles and steamed rice*

照烧三文鱼，味增汤(含豆腐，海草)，搭配小洋葱，榨菜和蒸白米饭

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## **Oatmeal Porridge**

燕麦粥

*Healthy braised organic oats, with greek yoghurt, honey, and toasted nuts*

健康有机麦片，搭配希腊酸奶，蜂蜜烤坚果

## **Confit of Yellow fin Tuna**

黄鳍金枪鱼

*Local tuna, slowly cooked in Duck Fat, on top of toasted Bavarian loaf, fresh torn basil and tomato salad*

马尔代夫当地金枪鱼，搭配巴伐利亚面包，新鲜罗勒和西红柿沙拉

## **Maldivian Mashuni**

马尔代夫传统薄饼

*Maldivian style chappati, served with tuna and coconut, local curry*

马尔代夫当地薄饼，搭配当地咖喱，金枪鱼肉沫，椰子肉

## **Congee**

粥

*Traditional braised rice porridge, with your choice of chicken, seafood or pork, condiments and pickles*

传统大米煮的粥，可搭配鸡肉，海鲜，猪肉，调味品和榨菜

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## **Dumplings**

饺子

*Selection of Chinese style steamed served with sweet chili sauce, soy and sesame oil*

中国式蒸饺，搭配辣椒酱，酱油和芝麻油

## **Fried noodles**

炒面

*Wok fried egg noodles, vegetables with soy, oyster sauce*

炒鸡蛋面，含蔬菜，酱油

## **Fried rice**

炒饭

*Wok fried rice and vegetables with soya, oyster sauce*

炒饭，含蔬菜，酱油，蚝油

## HOT Coffee

### **Long black**

*Double espresso - hot water*

### **Cappucino**

*Espresso - steamed froth*

### **Latte**

*Espresso - steamed milk*

### **Macciato**

*Espresso - milk froth*

### **Espresso**

*Single espresso*

### **Mocha**

*Espresso - chocochino - steamed milk - milk froth*

### **Hot chocolate**

*Italian -chocochino - steamed milk - milk froth*

## TWG Tea

### **Emperor sencha**

*Japanese green tea*

### **Moroccan mint tea**

*Sahara mint infused green tea*

### **Jasmine queen tea**

*Jasmine flowers infused green tea.*

### **Silver moon tea**

*Vanilla scent infused green tea*

### **Nuwara eliya op**

*Black tea of Ceylon*

### **Imperial lapsang souchong**

*Chinese smoky black tea*

### **English breakfast tea**

*Classic black tea*

### **Earl grey**

*Bergamot fragrant black tea*

### **Chamomile**

*Chamomile plant flowers*